**Mentoring – Points from Members 22 August 2013**

The mentor should :

1. Be able to give more open feedback outside of the meeting, to speak honestly
2. To help to build the mentee’s confidence
3. Be available and ready to help
4. Be supportive
5. Help the mentee feel special
6. Listen to the mentee’s comments and problems
7. Be able to reflect what the mentee says, to confirm the issues
8. Provide a spur, encourage the participation and progress of the mentee
9. Choose when to direct and when to listen / reflect
10. Align comments to the mentee’s goals

Remember :

The mentor : mentee is of mutual benefit to both, helps the mentee settle into the club, the mentor to achieve project 9 of the CL programme and both to build the club participation.

Everyone is different, there is no one way that works for all so adapt the best practice guidelines to find the most suitable mentoring arrangements for you.